

Date: 6/10/25

PREP SUMMER MENUS: GRADE 6-12
BREAKFAST, LUNCH, SUPPER
JUNE 16 – JUNE 20, 2025

	MONDAY 6/16	TUESDAY 6/17	WEDNESDAY 6/18	THURSDAY 6/19 <i>Juneteenth Holiday</i>	FRIDAY 6/20
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST		BREAKFAST
Entrée 1	Cinnamon Pan Dulce V (R2252)	Hot Honey Chicken Jalapeno Biscuit (R0975)	Fiesta Bean & Cheese Burrito V (R1099)		Oat Crumble Coffee Cake V (CMS #2054)
Entrée 2	Deluxe Cereal Bowl V	Nutri-Grain Bar & Yogurt V (R5721-DW, R5722-CB)	Deluxe Cereal Bowl V		Yogurt 4 oz. & Crackers V (R5617-DW / R5618-CB)
Entrée 3 <i>Vegan</i>	ONLY PROVIDE A VEGAN MEAL UPON REQUEST. Offer any of the two options daily: 1. Cinnamon Toast Crunch (CMS #1623) 2. Morning Magic Bagel (R2295N), Strawberry Jam (CMS#1690)				
Fruit (½ c)	Fresh Fruit	Fresh Fruit	Fresh Fruit		Fresh Fruit
Fruit Juice (½ c, 4 oz.)	Fruit Juice	Fruit Juice	Fruit Juice		Fruit Juice
Milk, 8 oz.	Milk	Milk	Milk		Milk
LUNCH	LUNCH	LUNCH	LUNCH		LUNCH
Entrée 1 <i>Café LA Favorite & RAP</i>	Deep Dish Pepperoni Pizza (R1134)	Chicken Parmesan Salad (R5710) Cheesy Garlic Breadstick (R2657)	Chicken Corn Dog (R0920)		Café LA Burger (R0090) Optional: Fresh Topping*
Entrée 2	Buffalo Popcorn Chicken (R0966) Honey Biscuit (R2638) AND/OR BBQ Popcorn Chicken (R0967) Honey Biscuit (R2638)	BBQ Beef Rib Patty Sandwich (R0171)	Beef Teriyaki Dippers & Carrot Rice Bowl (R5695)		Cajun Chicken Salad (R5713) Honey Biscuit (R2638)
Entree 3 <i>Vegan</i>	ONLY PROVIDE A VEGAN MEAL UPON REQUEST				
	Chik'n Tenders (R6043) Artisan Roll (CMS #6068)	Sunbutter & Strawberry Jelly Sandwich (CMS #2978)	Vegan Teriyaki & Carrot Rice Bowl (R6041)		Impossible Burger (R6032) Optional: Fresh Topping*

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		OR Cinnamon Apple Chickpea & Jelly Sandwich (CMS #2006)			
OPTIONAL Quick Serve	May be served from regular service area or cart. Do if this option meets your operational needs. Lunch Entree 1, 2, or a Field Trip meal may be used for this option.				
*FRESH TOPPING OPTIONS: SERVE EITHER FRESH LETTUCE (R4642) OR LETTUCE & TOMATO (R4520)					
Vegetable (½ c)	Berry Berry Blue Slush (CMS #2827)	Cucumber Coins (R4478)	Sweet Corn (R4097)		Roasted Potato Wedges (R4370)
Vegetable (½ c)	Petite Baby Carrots (CMS #3006)	Sweet Potato Fries (R4464) (Choice of Sauce)	Cooked Edamame (R4596)		Paradise Punch Vegetable Juice (CMS #1681)
Fruit (½ c)	Fresh Fruit	Fresh Fruit	Fresh Fruit		Fresh Fruit
Fruit Juice (½ c, 4 oz.)	Fruit Juice	Fruit Juice	Fruit Juice		Fruit Juice
Treat Item	Offer the Chocolate Chip Cookie (R2641/CMS #2766) once a week as an Extra Treat.				
Milk, 8 oz.	Milk	Milk	Milk		Milk
SUPPER	SUPPER	SUPPER	SUPPER		SUPPER
Entrée 1	Sunbutter & Strawberry Jelly Sandwich (CMS #2978)	Turkey Breast & Cheese Sandwich (R0911)	Beef Stick Meal Kit (CMS #1688)		Turkey Stick (CMS #2065) & Cheese Plank (CMS #2525) Cheez-It Crackers (CMS #1239)
Entrée 2 Vegan	ONLY PROVIDE A VEGAN SUPPER UPON REQUEST. Provide a vegan entrée that is different than what was served for lunch the same day. Entrée Options: 1. Sunbutter & Strawberry Jelly Sandwich (R1943) 2. Apple Cinnamon Chickpea & Grape Jelly Sandwich (R1944)				
Vegetable (½ c)	Orange Medley Juice (CMS #1308)	Petite Baby Carrots (CMS #3006)	Vegetable in Kit		Petite Baby Carrots (CMS #3006)
Fruit (½ c)	Fresh Fruit	Fresh Fruit	Fruit in Kit		Fresh Fruit
Milk, 8 oz.	Milk	Milk	Milk		Milk
CONDIMENTS B=Breakfast L=Lunch S=Supper	L: BBQ Sauce, Taco Sauce or Tapatio, Ketchup L, S: Tajin	B: Strawberry Jam L: Mayo, Mustard, Ketchup, Tajin, <u>Choice of Sauce:</u> BBQ Ranch (R7080), Cajun Ranch (R7110-CB/R7111-DW), Sriracha Mayo (R7079) S: Mayo, Mustard L, S: Tajin	B,L: Taco Sauce or Tapatio L: Mayo, Mustard L, S: Tajin		B: Strawberry Jam L: Ketchup, Mayo, Mustard L, S: Cajun Ranch Dressing, Tajin

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FIELD TRIP LUNCH MENU		
ENTRÉE OPTIONS		
ENTRÉE Option 1 Turkey Breast & Cheese Sandwich (R0911)	ENTRÉE Option 2 Cheese Sandwich V (R1008)	ENTRÉE Option 3 - VEGAN Sunbutter & Strawberry Jelly Sandwich (CMS #2978) OR Cinnamon Apple Chickpea & Jelly Sandwich (CMS #2006)
OFFER ALL BELOW WITH EACH ENTRÉE OPTION		
FRUITS (1 c)	VEGETABLE (1 c)	MILK, 8oz.
Fresh Fruit, 2 Each, Different Fruits	Petite Baby Carrots (CMS #3006), 1, 2.5 oz. Pkg. OR Celery Sticks (CMS #3826), 1 Pkg AND Paradise Punch Vegetable Juice (CMS #1681) OR Orange Medley Juice (CMS #1308)	See List Below

All the Grain/Bread items served are whole grain rich. **V** = Vegetarian

Milk: Must serve two choices from the following options.

Fat-Free Milk (8 oz)	Low-Fat Milk (8 oz)	Fat-Free Lactose Free Milk (8 oz)	Fat-Free Chocolate Milk (8 oz)	Fat-Free Strawberry (8 oz)
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Deluxe Cereal Bowl

Cinnamon Toast Crunch (CMS #1623)	Honey Bunches of Oats (CMS #1425)	Honey Cheerios (CMS #1442)
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Fresh Fruit

Nectarine (CMS#-3891)	Plums (CMS# 3522)	Peach (CMS #3886)	Kiwi (CMS #3846)
White Peach (CMS# 3884)	Plumcot (CMS# 3940)	Pluot (CMS# 3700)	Orange (CMS #3093)
Banana (CMS #3204) Do not order on Mondays		Strawberries (CMS #3246, R3332): ONLY Serve Monday – Wednesday for Breakfast, Lunch or Supper; Must Order a Minimum of 2 Cases	

This Institution is an equal opportunity provider.